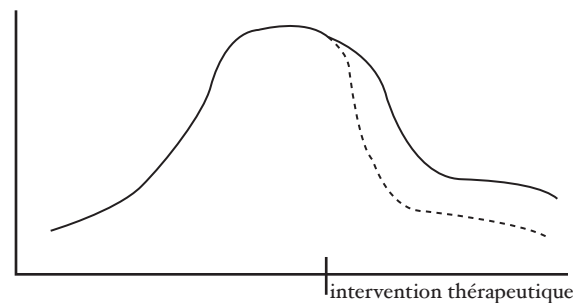


# The healing curve

*«Acupuncture and shiatsu treatments help the body to harmonize its inner functions and thus accelerate recovery and the return to a natural state of health.»*

- The horizontal axis indicates the time needed for the body to free itself from a given symptom.
- The vertical axis indicates the intensity of discomfort occasioned by the symptom.
- The full line illustrates the evolution of a symptom within a healing process not influenced by therapeutic action.
- The dotted line illustrates the evolution of a symptom within a healing process influenced by the therapeutic action of acupuncture and shiatsu.

This first graphic shows the effect of therapeutic intervention when it occurs **after** the discomfort associated with the symptom has reached maximum intensity. Here, acupuncture and shiatsu bring relief within hours or days following treatment.



This second graphic shows the effect of acupuncture and shiatsu when therapeutic action takes place **before** the discomfort associated with the symptom reaches maximum intensity. In this case, a temporary increase in discomfort occurs in the hours or days following treatment. However, **in both instances**, the total amount of discomfort is reduced and the period of time during which it is felt is shortened.

